



LAKE CITY Community Hospital

"Bringing Good Health To Our Community"

SAFETY RULES/INFORMATION SHEET

I. Room:

- A. Keep room tidy, avoid scattering toys or belongings in the walkways.
- B. Electrical appliances are not to be used in your child's room without inspection by our Engineering Department.
- C. Do not allow your child to play with electrical outlets, equipment, or phone.
- D. In order to access an outside line for telephone calls, it is necessary to dial (9) and wait for the dial tone.
- E. Your child must sleep in the bed/crib provided by the department. Bedrails are to be up at all times on the bed or crib.

II. Baths and Showers:

- A. If a child requests a shower, a parent, guardian or Nursing staff must accompany them.
- B. When your child goes to the bathroom, accompany them or call the nurse. Do not allow him/her to play in the shower or with faucets.

III. Respiratory Therapy Treatments:

- A. This is a non-smoking facility. Therefore, as such smoking is not allowed anywhere in the hospital including your child's room. Contact your nurse for a location of designated smoking area outside the hospital.
- B. If there are any questions concerning the operation of your child's treatment, please contact your nurse.

IV. Child Safety:

- A. Never leave your child unsupervised. Notify your nurse if you must leave the child unattended.
- B. Do NOT give your child to anyone without properly verified hospital identification.
- C. Question unfamiliar persons entering your room or inquiring about your child. Notify the nurses' station immediately.
- D. Children are to wear shoes when out of bed and up and about in the halls.
- E. Please make sure that you **Do Not Prop** your baby's bottle. Propping bottles may cause your child to choke.

V. Visitors:

- A. Visitors will be allowed to visit until 9:00 p.m.
- B. A parent or guardian (adult) should stay with your child at all times (an adult is someone equal to or over 18 years of age). This applies to patients up to age 18 years old.

VI. Medical Care:

- A. Do not touch your child's IV, if you feel there is a problem - call a nurse.
- B. We will be closely evaluating your child during his/her stay. This may include taking his/her temperature, blood pressure, heart rate, respiratory rate as necessary. It may require that we wake your child to complete these tasks as well as to do other treatments such as give him/her medications. This will be done as often as necessary or as specified by your physician.
- C. In order to make sure your child is receiving the necessary amounts of food and liquids, it may be necessary that you write down how much your child drinks and the amount of output, your nurse will give you a flow sheet and explain this to you.

VII. General:

- A. Please check with the nurse prior to taking your child out of his/her room to other areas. Patients with fever or suspected contagious diseases should remain in their room (for the safety and health of the patient and others).
- B. To make sure that we minimize the transmission of disease from one child to another, please **Do Not Go** into other patients' rooms.
- C. In support with the privacy requirements, other patients and/or their condition cannot be discussed with anyone other than those with a right to know that information, such as their parents.

To support a safe and secure environment at home that is age appropriate, special attention should be paid to the following general safety considerations:

- 1. Neonate (Infant) – Birth to 1 year**
 - a. The crib should be away from windows with blinds to prevent the infant from becoming entangled in a dangling cord.
 - b. Infants should not be left unattended on anything from which they could fall.
 - c. Infant seats should not be left on bed.
 - d. Stuffed toys should be checked carefully to be certain that button eyes and other small, attached parts cannot be pulled off and eaten by the infant.
 - e. Small objects should not be left within reach of the infant.
 - f. The temperature of the bath water should be checked carefully to avoid scalding, test with elbow. Water should be warm, not hot.
 - g. The neonate/infant should never be left unattended.

- 2. Toddlers (Adventurous, roamer, and explorers) – 1 to 2 years.**
 - a. Cords on blinds should be out of reach to prevent toddler from getting their heads through the loops.
 - b. Sharp objects such as needles should be kept out of reach.
 - c. Do not put anything dangerous into the closet or bedside table.
 - d. Electrical outlets should be child proof.
 - e. Medicines, needles, and cleaning products should never be left in reach of child.
 - f. Observe closely during play with a balloon – aspiration of rubber from a broken balloon can be fatal.
 - g. Special climbing toys are provided, please supervise child during play.

- 3. Preschooler (Active, Inquisitive, want self control, do not fully realize danger, can learn simple things) – 2 to 5 years:**
 - a. Observe closely, but allow child to explore
 - b. Matches and lighters should never be left within child's reach
 - c. Do not allow running or walking with a lollipop
 - d. Check play area for hazards
 - e. Encourage simple tasks – like putting away toys

- 4. School-age (Fairly independent, need discipline and rules, need to learn consequences for not following rules, eager, enjoy friends and parties) – 6 to 12 years:**
 - a. Check play area for hazards
 - b. Teach good friend behavior
 - c. Teach morals (telling the truth, etc.)
 - d. Know where they are at all times
 - e. Teach home phone numbers, addresses and parent (s) names
 - f. Teach rules of sports (share playtime)
 - g. Give child responsibilities and hold child to those (Allow certain TV Time)

- 5. Adolescents (increasing independent, peer group important, self esteem problems, enjoy competition) - 13 to 18 years:**
 - a. Set limits
 - b. Involve them in decisions regarding self
 - c. Be aware of peer groups
 - d. Give formal instructions on areas of sex education, drug and alcohol abuse
 - e. Honor privacy
 - f. Allow open discussion
 - g. Consider their opinions and suggestions
 - h. Delegate responsibilities
 - i. Recognize and offer praise

Procedure to Include preventive measures:

1. Nursing actions will be implemented to ensure the safety and security of all pediatric patients through appropriate identification and through observation and when releasing pediatric patients from one area to any other area of the hospital.
2. Admission Staff is responsible for informing the patient, parent (s) and/or guardian about the pediatric safety and security upon registration. The attending nurse will reinforce the guidelines upon admission to unit.
3. The parent (s) and/or guardian will be encouraged to be in attendance with the pediatric patient in the patient's room and when the patient is being transported to another area of the hospital (for example, Radiology).
4. Hospital staff will identify themselves through verbal means and through a Hospital Identification badge attached to the employee's clothing.
5. All staff is required to wear a Hospital Identification badge at all times.
6. During transport: all patients (Neonate to Adolescents) will be accompanied by an adult, parent (s), guardian, or other approved adults.
7. All patients will be transported by a variety of methods depending on age and specific needs of the child (arm, bassinet, wheelchair, wagon, stretcher or ambulatory).
8. The patient, parent (s) and/or guardian will be instructed to report any individual (s) who are not identified as Hospital Staff and who seem suspicious who come into the patient's room or are observed in the corridor outside the patient's room.
9. Any staff person who observes an individual (s) with suspicious behavior/action should alert the Charge Nurse immediately. The Department Manager or Charge Nurse will investigate the suspicious individual(s) to resolve the suspected problem. Security will be involved if necessary.



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